

Ministry Description

Title: Extraordinary Minister of the Eucharist (EME)

Servant Leader: Director of Liturgy

Description: Visibly share the presence of Jesus during the Communion Rite by offering the Body and Blood of Christ to your Catholic brothers and sisters.

Specific Tasks: Utilize resources provided for spiritual formation and personal growth. Pray during the week for those who will receive Jesus from your hands. Arrive 20 minutes prior to mass to set up all Eucharistic needs and to pray. During communion distribute the precious Body and Blood of Jesus. Attend ongoing formation sessions and stay in communication with the Director of Liturgy regarding schedule and other needs.

Skills and Attributes Required: Catholic baptism and confirmation, high school sophomore or older. Actively practicing your faith and involvement in parish life. A deep love and appreciation of the sacrifice of the mass.

Time Required: 2-3 hours per month. 2 ½ hour annual Ministries Day formation session. 3 Year term, renewable once (per diocesan policy).

Training: 90 minute initial training session. 2 ½ hour annual ministry-wide formation session.

Benefits (How does it fulfill the parish mission): In the gospel of John Jesus says “unless you eat the flesh of the Son of Man and drink his blood, you have no life within you; he who eats my flesh and drinks my blood has eternal life and I will raise him up on the last day.” Partaking of the Eucharist is a necessary part of salvation. It is a great privilege for an Extraordinary Minister of the Eucharist (EME) to regularly take part in others’ salvation journey. This ministry makes it possible for all to fulfill Jesus’ directive to “do this in memory of me.”