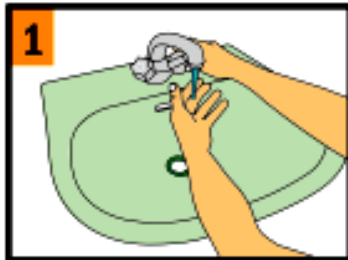# Employees must wash hands before returning to work
Hand Washing Instructions
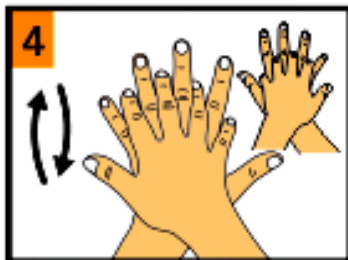
1 Wet your hands with clean, running water

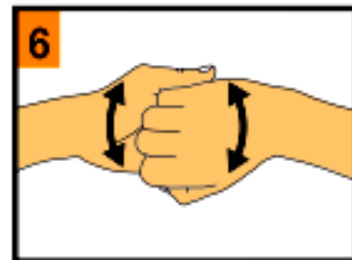**2** Apply soap generously

3 Lather up! Rub soap on palms in circular motion

4 Rub soap on back of both hands
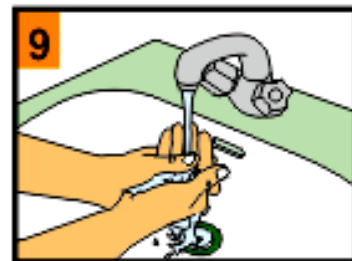
5 Rub soap between fingers

6 Rub soap on fingertips by interlocking them

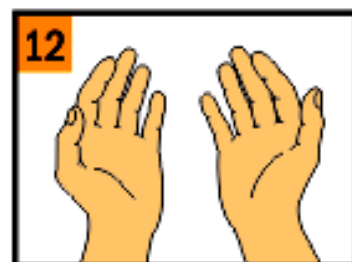**7** Apply soap on both thumbs and rub it in half circles

8 Rub fingertips on palms

9 Rinse hands thoroughly

10 Wipe hands with clean, dry paper-towel

11 Use paper-towel to turn off the faucet

12 Admire your germ-free hands!