



St. Teresa of Avila—October 15

- Born in nobility
- Loved to read stories about the Saints
- Carmelite Nun
- Started small convents all over Spain
- Travelled on foot—called the ‘walking saint’
- She tried to follow God’s will
- Sometimes she ‘felt like a lion’ other times, ‘like an ant!’
- Doctor of the Church

She often said,

“I am yours, Lord; I was born for You. What do you want me to do?”